

# FOREGUT SURGERY ENDOSCOPY DISCHARGE INSTRUCTIONS

Dr Lee Swanstrom, Dr Christy Dunst and Dr Kevin Reavis

## INSTRUCTIONS:

- You may experience dizziness, drowsiness or lightheadedness if you have had sedation.
- Do not consume alcohol, including beer or wine, for the next 24 hours.
- Do not drive or operate power equipment until tomorrow.
- Do not engage in activities that require coordination or the ability to respond quickly.

## DIET

- You may resume your usual diet unless otherwise directed.

## MEDICATIONS

- You may resume your normal medications
- If you have any questions about the medication list that was sent home with you, please call the prescribing physician.
- Tylenol is ok to take for discomfort.

## FOLLOW UP

---

---

---

The Oregon Clinic  
Foregut Surgery  
4805 NE Glisan St  
Suite 6N60  
Portland OR 97213

## CONCERNS

**Call your surgeon at 503-281-0561 if you have problems such as:**

- Severe chest pain or shortness of breath
- Worsening abdominal pain
- Faintness, increased weakness
- Fever, chills, persistent nausea, vomiting

---

Patient Signature

Date

Time

---

RN Signature

Date

Time