

Ambulatory Phlebectomy Post-Procedure Instructions

Please wear your compression stockings continuously for 2 days after the procedure.

Please remove your bandage in two days and apply your compression stockings. Continue to wear your compression stockings during the day for one week.

You may have some bruising around the procedure sites. This is normal.

Leave the small white tape strips in place until they fall off. This usually takes about 2 weeks.

You may shower two days after the procedure.

Please avoid strenuous lower extremity activity for one week.

You may take acetaminophen (eg. Tylenol) for pain. Do not take more than 4 grams of acetaminophen in a 24 hour time period.

Follow-up in clinic in 1-2 weeks and at 6 weeks.

5050 NE Hoyt St, Suite 610
Portland, OR 97213
(503) 467-4761

Instructions given by: _____

Patient Released to: _____

Date: _____